

Dates

3/3/26, 4/7/26, 5/5/26

6/2/26, 7/7/26, 8/4/26

9/1/26, 10/6/26, 11/3/26

12/1/26, 1/5/27, 2/2/27

All sessions are from
6-7 PM

[https://mgb-
org.zoom.us/j/8503757
3520](https://mgb-org.zoom.us/j/85037573520)

Meeting ID:

850 3757 3520

WELLNESS SERIES FOR INDIVIDUALS WITH MULTIPLE SCLEROSIS

Multiple sclerosis (MS) is a complex, unpredictable disease that affects both physical and mental health. This Wellness Series is intended to provide information and support to patients and their partners as they confront the many challenges of living with MS. Please join via Zoom for our monthly Wellness Series.

To RSVP, please use this URL

<https://redcap.link/MSWellnessSeries>

or scan the QR code:

