



Mass General Brigham
Spaulding Rehabilitation

"Sailing" Across the Lifespan with Multiple Sclerosis

Please join us for the 5th Annual Spaulding Community Event for People with MS, hosted by the Neurodegenerative Diseases Special Interest Group:

Education Session (12-2pm)

Keynote speakers will include:

Dr. Tanuja Chitnis, Chief of the Division of Neuroimmunology at Mass General Brigham and Co-Director of the BWH MS Center, will tie her clinical expertise and research insights with participants' lived experience.

Dr Rachel Rodin, a new faculty member at the BWH MS Center and the new Foxborough MS clinic, will incorporate her expertise on the ongoing role of exercise in MS.

Speakers will be followed by a moderated panel and interactive discussion, allowing participants the opportunity to engage with peers, care partners, and local medical and rehabilitation experts on navigating MS through the lifespan and share experiences and practical approaches to management.

Screening and Resource Session (2-4pm)

The opportunity for participants to participate in a brief 10-minute screening by a licensed PT/OT/SLP to help focus on primary concerns.

Representatives from local organizations including adaptive sports, recreational activities/exercise, wellness/nutrition, driving and social supports will be present to discuss programs and available to answer questions.

**Saturday,
September 26, 2026
12 p.m. to 4 p.m.**

Where:

Spaulding Rehabilitation Hospital
of Cape Cod
311 Service Rd
Sandwich, MA 02563

Please email
Kerry Poinier at
kpoinier@mgb.org
with any questions.



Register now!

All attendees must
register via the QR Code
or the link above.

www.spauldingrehab.org